



PDA Approaches to Trauma-Informed Practice (SCQF Level 7)

Build knowledge	Build practice	Build culture
Understand trauma and its impacts across the lifespan.	Apply therapeutic approaches, safe responding, and regulation tools.	Support trauma-informed systems, leadership, and workforce wellbeing.

Programme structure (4 mandatory units)

- J694 34 - What is Trauma? An Introduction
- J695 34 - Childhood Trauma
- J696 34 - Therapeutic Approaches to Trauma
- J697 34 - Organisational Approaches to Trauma

SCQF level	Level 7 (32 SCQF credit points)
Delivery	Online, blended, or in-person
Duration	Typically 6-8 months
Assessment	Ongoing course assessment
Price	GBP 900 per learner

Qualification Descriptor

SQA accredited PDA (GT6X 47) - practical, applied learning for trauma-informed professionals.

Learning experience

Delivered in a trauma-responsive environment with practical application embedded throughout every unit. Includes interactive workshops, case studies and scenario-based learning, online materials with reading guides, and one-to-one academic support.

Start dates and payment options

Cohort intakes are scheduled throughout the year. Monthly payment plans are available (paid in advance).

Who it's for

Practitioners and leaders across health, social care, education, youth work, justice, and the third sector, especially those supporting people impacted by trauma and adversity.

Enrol now or commission a closed cohort

karenm@tmf-training.org.uk | 01698 760 479 | <https://themiraclefoundation.org.uk/>